CURRENT MANIC EPISODE

In the past month, has there been a time when you were feeling so good or hyper that other people thought you were not your normal self or you were so hyper that you got into trouble? (Was that more than just feeling good)

IF NO: What about getting mad all the time and shouting at people or starting fights or arguments?

(Did you yell at people you didn't really know?)

Tell me about that. What was it like?

How long did that last?

A: A distinct period of abnormally and persistently elevated, expansive, or irritable mood…

	?	1	2	3
CHI				
PAR				
OTH				
BEST				

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Go to ***Hypomanic Episode* B. 10**

DATE:

…lasting **at least one week** (or **any duration** if hospitalization is necessary)

IF IRRITABLE MOOD ONLY, CHECK HERE AFTER CODING "3" ABOVE _____

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CHI				
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BEST				

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Go to ***Hypomanic Episode* B. 10**

When were you the most (OWN EQUIVALENT FOR EUPHORIA OR IRRITABILITY)?

FOR THE WORST PERIOD OF CURRENT EPISODE, ASK ABOUT ASSOCIATED SXS

(during this time…)

…how did you feel about yourself?

(Did you think you could do anything?)

(Did you think you had special powers?)

B. During the period of mood disturbance, **at least three** of the following symptoms have persisted (**four** if the mood is only irritable) and have been present to a significant degree:

(1) inflated self-esteem or grandiosity

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CHI				
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BEST				

During this time…

…did you need less sleep than usual? Would you stay up really late and get up early?

IF YES: Did you still feel like you got enough sleep?

(2) decreased need for sleep (e.g., feels rested after only three hours of sleep)

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CHI				
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…did you talk a lot, more than usual? (Did people have trouble stopping you or understanding you? Did people have trouble getting a word in edgewise?)

(3) more talkative than usual or pressure to keep talking

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CHI				
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BEST				

…were your thoughts racing through your head? (Did it seem like you were talking really fast in your mind and couldn't stop?)

(4) flight of ideas or subjective experience that thoughts are racing

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BEST				

…did you have trouble paying attention when you were supposed to? Or would anything going on around you distract you?

(5) distractibility (i.e., attention too easily drawn to unimportant or irrelevant external stimuli)

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CHI				
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BEST				

…how did you spend your time (School, friends, hobbies)? (Did you run around doing stuff so much that your friends or family were worried about you?)

(6) increase in goal-directed activity (either socially, at work or school, or sexually) or psychomotor agitation

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CHI				
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BEST				

…did you do anything that could have gotten you or your family in trouble? Did you do fun things but do them too much? (Buying things you didn't need?) (Anything sexual that was unusual for you?) (FOR ADOLESCENTS: Wild driving?)

(7) excessive involvement in pleasurable activities that have a high potential for painful consequences (e.g., the person engages in unrestrained buying sprees, sexual indiscretions, or foolish business investments)

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BEST				

AT LEAST THREE "B" SXS ARE CODED "3" (**FOUR** IF MOOD ONLY IRRITABLE)

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Go to ***Hypomanic Episode* B. 10**

IF NOT KNOWN: At that time, did you have really bad problems at home or at school (work) because you were (SXS) or did you have to be put in the hospital? Did (SXS) really get in the way of schoolwork (work) or really mess up your friendships?

Tell me about that.

C: The mood disturbance is sufficiently severe to cause marked impairment in occupational functioning or in usual social activities or relationships with others, or to necessitate hospitalization to prevent harm to self or others.

DESCRIBE:

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CHI				
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OTH				
BEST				

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Go to ***Hypomanic Episode* B. 10**

IF NOT KNOWN:Were you/ was your child taking any street drugs or medicines? (Any change in the amount you were taking?)

IF NOT KNOWN: Were you/ was your child physically ill (sick) at this time?

IF ANSWER TO EITHER QUESTION IS "YES", AND SUBSTANCE OR GENERAL MEDICAL CONDITION IS KNOWN TO BE ASSOCIATED WITH MOOD SXS, REFER TO PAGE B. 18.

D. Not due to the direct effects of a substance (e.g., drugs of abuse, medication) or a general medical condition (e.g., hyperthyroidism).
Note: If disturbance does NOT occur during the course of these diagnoses, code "3".

NOTE: MANIC EPISODES THAT ARE CLEARLY PRECIPITATED BY SOMATIC ANTIDEPRESSANT TREATMENT (E.G., MEDICATION, ELECTROCONVULSIVE THERAPY, LIGHT THERAPY) SHOULD NOT COUNT TOWARDS A DIAGNOSIS OF BIPOLAR I DISORDER.

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R/O GME/SUBST Go to ***Mood Disorder due to a GME* B.18**

CONTINUE

MANIC EPISODE CRITERIA A, B, C, AND D ARE CODED "3"

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Go to ***Hypomanic Episode* B. 10**

CURRENT MANIC DISORDER

How many separate times were you (HIGH/OWN EQUIVALENT) and had (ACKNOWLEDGED MANIC SYMPTOMS) for a period of time (or were hospitalized?)	Number of Manic Episodes, including current (CODE 99 IF TOO INDISTINCT OR NUMEROUS TO COUNT)	____ ____
How old were you when you first had serious problems or had to go to the hospital because you were (MANIC/HIGH/OWN EQUIVALENT)?	Age at onset of first Manic Episode (CODE 99 IF UNKNOWN)	____ ____